

LAKEVIEW HIGH SCHOOL

**21100 E. Eleven Mile Road
ST. Clair Shores, MI 48081**

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Office Phone Numbers

District Offices - 445-4000
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Athletic Office - 445-4070

Athletic Handbook

**A Guide For
Student/Athletes and their Parents**

Revised: June 2008

***Athletic Philosophy**

The athletic experience should provide for the development of values, attitudes, and life-long skills. Lakeview Public Schools values sportsmanship, fair play, and respect for self, teammates, opponents, coaches, officials, and all others associated with the game as well as the game itself. Creation of a desirable self-image is important, as is the desire to prepare vigorously to succeed. Winning is secondary to the development of young people who will be well-rounded and productive citizens. The student/athlete will develop an appreciation for education, physical fitness, and socialization through athletics.

***Participation in Athletics**

Participation in extracurricular competitive interscholastic athletics is **a student privilege that can be removed at any time** for failure to meet the standards and requirements of the team, the school or the school district.

***Athletic Code for Athletes (Adopted from MHSAA Handbook)**

The student/athlete represents his/her school at interscholastic athletic activities. In this important capacity, these standards should be practiced:

1. Know and adhere to the athletic code of Lakeview Public Schools.
2. Exceed all attendance and academic requirements as practical evidence of loyalty to school and team and a proper philosophy of school-sponsored athletics.
3. Observe completely all policies regarding conduct, doing so as a duty to school, team and self.
4. Counsel with the athletic director over questions of eligibility.
5. Practice and play fairly, giving complete effort in all circumstances and credit in victory to teammates and to opponents in defeat.
6. Accept favorable and unfavorable decisions, as well as victory and defeat, with equal grace.
7. Demonstrate respect for opponents and officials before, during and after contests.

What is Sportsmanship?

- Sportsmanship is respect. Respect for one's self and for others.
- Sportsmanship is the "Golden Rule" – treating others as you wish to be treated.
- Sportsmanship is a demonstration of generosity and genuine concern for others. It is a concrete measure of an individual's understanding and commitment to fair play, ethical behavior, and integrity.
- Sportsmanship is a blending of cheers for your team and applause for the opponents, observing the letter and spirit of the rules, and showing consideration for others.
- Sportsmanship is a coach accepting a "questionable" call without protest.
- Sportsmanship is a student/athlete extending a helping hand to an opponent.
- Sportsmanship is spectators cheering for their players when they lose and applauding the opponents when they win.
- Sportsmanship is an official showing restraint when verbally assaulted by coaches, student/athletes, or spectators.
- Sportsmanship is all that is good in human nature.
- Sportsmanship is citizenship in action.
- Sportsmanship is a way of life.

***Coaches**

Coaches are typically selected from the professional staff of the Lakeview School District. When there are no qualified candidates from within the staff, open positions are posted outside the school district. All applicants are subject to reference checks and must meet the approval of the Board of Education. The Athletic Director is the direct supervisor of the coaches.

***Athletic Code for Coaches (Adopted from MHSAA Handbook)**

The coach is the official representative of the school at interscholastic athletic activities. In this important capacity, these standards should be practiced:

1. Develop an understanding of the role of interscholastic athletics and communicate it to players, parents and the public.
2. Develop an up-to-date knowledge of the rules, strategies, precautions, and skills of the sport and communicate them to players and parents.
3. Develop, communicate and model policies for athletes' conduct and language in the locker room, at practice, during travel, during competition, and at other appropriate times.
4. Develop fair, unprejudiced relationships with all squad members.
5. Allow athletes to prove themselves each season and do not base team selections on previous seasons or out-of-season activities.
6. Allow athletes time to develop skills and interests in other athletic and non-athletic activities provided by the school and community groups.
7. Give the highest degree of attention to athletes' physical well-being.
8. Teach players, by precept and example, respect for school authorities and contest officials, providing support for them in cases of adverse decisions and refraining from critical comments in public or to the media.
9. Teach players strict adherence to game rules and contest regulations.
10. Present privately, through proper school authorities, evidence of rule violations by opponents; and counteract rumors and unproven allegations of questionable practices by opponents.
11. Attend required meetings, keep abreast of MHSAA policies regarding the sport, and be familiar with MHSAA eligibility and contest regulations.
12. Present a clean and professional image in terms of personal appearance and provide a positive role model in terms of personal habits, language and conduct. Use of tobacco within sight of players and spectators and use of alcohol any time before a contest on the day of the contest is not acceptable.

***Sports Offerings at Lakeview**

The following sports are offered at Lakeview.

Fall Sports:

The season begins in August. Fall sports include girls volleyball (V, JV, 9), boys & girls cross country (V), football (V, JV), golf–boys (V, JV*), boys soccer (V, JV, 9), girls swimming and diving (V, JV*), and boys tennis (V). Cuts are usually necessary in girls volleyball and boys soccer.

Fall/Winter Sports

The season begins in early August and runs through March. Fall/Winter sports include Cheerleading (V, JV), and Huskettes (V, JV). Tryouts are in May and cuts usually occur in both activities

Winter Sports:

The season begins in late October to early November. Winter sports include boys & girls basketball (V, JV, 9), boys & girls bowling (V), ice hockey (V), – boys swimming and diving (V, JV*), coed wrestling (V). Cuts are usually necessary in boys & girls basketball and ice hockey.

Spring Sports:

The season begins in March. Spring sports include baseball (V, JV), girls soccer (V, JV, 9), girls softball (V, JV), girls tennis (V), boys & girls track and field. Cuts are sometimes necessary in baseball, girls soccer, and girls softball.

*Note: These sports do not have separate JV teams, but they do award JV letters to those student/athletes who earn them.

***Lakeview Booster Club**

The Booster Club supports all athletic activities at Lakeview. Parents of athletes are urged to join and participate. The Booster Club operates the concession stand at nearly all athletic events and hosts an annual golf outing fund raiser in September as well as other activities as deemed appropriate by its board. Money raised by the Booster Club is used to support individual sports, other projects related to the athletic program, and for scholarship for graduating student/athletes. The Booster Club normally meets the first Wednesday of each month in the Lakeview cafeteria at 7:30 p.m. Information about the club is available through the Athletic Office.

***MHSAA**

Lakeview High School is a voluntary member of the Michigan High School Athletic Association. The MHSAA is the regulatory agency for high school athletics in Michigan and is the sponsor for most state tournaments. A complete list of MHSAA policies can be found in the MHSAA Handbook. Several commonly referenced MHSAA guidelines are listed below. Note that in some cases Lakeview has guidelines that are more restrictive than those shown here.

1. **Enrollment** - The student must be enrolled in the school for which he/she competes by Friday of the fourth week of the semester. Students who transfer into the district after the fourth Friday must meet one of MHSAA's published exceptions which are available in the Athletic Office.
2. **Age** - High school students become ineligible if they turn nineteen before September 1st of the current school year.
3. **Physical Exam** - A student must have a physical examination completed by a physician. Physical forms are available in the Athletic Office and must be completed and on file before the athlete will be issued a "Permission to

Participate" card. Only official MHSAA forms will be accepted. Physicals for the current school year must be completed after April 15th of the previous school year.

4. **Semesters of Eligibility** - Students are limited to eight semesters of eligibility while enrolled in grades 9-12. Four semesters for the fall term and four semesters for the spring term.
5. **Academic Eligibility** - Students who fail two block classes for a semester are ineligible for all of the following semester. Students who fail two block classes during a marking period are ineligible for the first week of the next marking period and must demonstrate that they are passing all courses before being reinstated.
6. **Amateur Status** - Students must not accept money, merchandise, membership privileges, services, or any other form of valuable consideration for participating in any form of athletics, sports, or games. Students will be ineligible if they sign any type of professional sports contract.
7. **Outside Competition** - Students who are participating in a high school sport are not allowed to participate with non-school teams while the sport is in season. Students may not participate in any so-called "all-star" games or national championships which have not been approved by the MHSAA.
8. **School Attendance** - A student must be in school for at least half the school day (two classes) of the day of competition in order to compete in a contest on that day. Field trips or activities sanctioned by the school count as being in school. Whether the student is excused or not does not affect the requirement of being in school.

***Macomb Area Conference**

Lakeview High School is a voluntary member of the Macomb Area Conference (MAC). The MAC includes schools from Macomb, St. Clair, and Wayne counties varying in size from approximately 700 students to approximately 2500 students. The MAC is set up in divisions based on size of school and strength of program. The MAC consists of the following high schools:

Anchor Bay	Grosse Pointe South	New Haven
Center Line	Henry Ford II	Port Huron
Chippewa Valley	Lake Shore	Port Huron Northern
Clawson	Lakeview	Romeo
Clintondale	Lamphere	Roseville
Cousino	L'Anse Creuse	South Lake
Dakota	L'Anse Creuse North	St. Clair
East Detroit	Lincoln	Sterling Heights
Eisenhower	Madison	Stevenson
Fitzgerald	Marine City	Utica
Fraser	Marysville	Warren Mott
Grosse Pointe North	Mt. Clemens	Warren Woods Tower

***Sportsmanship**

As a member of the MAC, we agree to abide by the rules of the constitution and bylaws of the organization. We also identify closely with the MAC's beliefs concerning sportsmanship as stated below.

Macomb Area Conference Sportsmanship Belief Statements

1. We believe in the values of educational athletics through good citizenship and high behavioral standards.
2. We believe that good sportsmanship is defined as those qualities of behavior that are characterized by generosity and genuine concern for others.
3. We believe that responsible behavior will be demonstrated by student/athletes, coaches, fans, cheerleaders and others connected with athletics.
4. We believe that all involved in an athletic contest will demonstrate respect for the opponent, game officials, fans, and accept the results of interscholastic competition.

Lakeview believes sportsmanship to be the most important and fundamental practice that student/athletes, parents, and fans can learn from sports and that they can demonstrate during a competition. Listed here are several examples of what it means to be a sportsman:

***Fan Participation**

Fan participation is a welcome addition to any athletic event. The opportunity to enjoy a good game and at the same time lend support to your team makes every fan a double winner. Fans need to remember that sportsmanship applies to them as well as to the participants in the game. Fans are reminded that the appropriateness of any cheer can be judged by the "Golden Rule". Always cheer in a way that brings respect and honor to your school, your team, and yourself. Finally, be aware that fans that persist in cheering in an inappropriate manner will be directed to leave the event. Be a good fan – Be a good sport – Be a winner.

***Admission and Season Passes**

Lakeview Public School students will be charged \$3.00, and all others will be charged \$4.00 admission for the activities listed below. "Babes in arms" will be admitted free. All spectators have the right to enjoy an athletic contest. Keeping this in mind, an adult must accompany all **elementary** and **middle school** students that attend high school events in order to help supervise his/her child's behavior.

Var/JV Football
Var/JV/Freshman Boys Basketball
Var/JV/Freshman Girls Basketball
Boys Swimming
Girls Swimming
Var/JV/Freshman Volleyball
Wrestling
Var/JV/Freshman Boys Soccer
Var/JV/Freshman Girls Soccer

Athletic passes are available. Passes are good for the entire school year. The cost for a pass is:

Lakeview Public School's student - **\$15.00**
Lakeview family pass - **\$60.00**
All others passes - **\$25.00**

Please note: Admission for SCS Lakers hockey games is set by the Lakers Booster Club. Also, admission for MHSAA tournaments hosted by Lakeview is set by the MHSAA. Lakeview athletic passes are not honored at these events.

***Lakeview Athletic Policies and Rules**

Student/athletes are expected to abide by the policies of the district, the guidelines of the Lakeview High School Student Handbook, the rules of the MHSAA, the rules of the MAC, the rules found in this handbook and any team rules specific to the sport in which they participate. A violation will generally result in a student being declared benched, ineligible, or suspended. It is important to note the difference between these three penalties.

- **Benched.** The student/athlete may not compete. He/she may practice and take part in any other team activity. This penalty is usually imposed by a coach for violation of a team rule.
- **Ineligible.** The student/athlete may not compete. He/she may practice and take part in any other team activity. This penalty is usually imposed by the Athletic Director for violation of academic standards.
- **Suspended.** The student may not compete, practice, or take part in any team activity during a period of suspension. Days of suspension always refer to and are counted as school days. This penalty is usually imposed by the Athletic Director for violation of district, school, or athletic policies.

Disciplinary decisions made by a coach may be appealed to the Athletic Director. A disciplinary decision by the Athletic Director may be appealed to the principal.

***Lakeview's Athletic Rules**

Student Athletes shall be regarded to be under the rules of the athletic code of conduct beginning with their first day of participation in interscholastic athletics grades 7-12 and continuing through their date of graduation or the last date of participation, whichever is later. **A student athlete is considered to be under the code of conduct at all times, including school vacations, summer recess and any off season times (24 hours a day/7 days a week/365 days a year).**

1. **Team Rules:** Coaches will have Team Rules pertaining to their sport. Team Rules must be approved by the Athletic Director and distributed, in writing, to the student/athletes and their parents prior to the start of the season. A violation of the team rules may result in disciplinary action as determined by the head coach.
2. **Controlled Substances:** The use, possession, concealment, distribution, sale, or being under the influence of a controlled substance such as tobacco, alcohol, or illegal drugs are considered a violation of the athletic code of conduct.
 - 1st career offense: Suspended for 20% of the scheduled games for that sports season
 - 2nd career offense Suspended for 50% of the scheduled games for that sports season
 - 3rd career offense Total Expulsion from the athletic program for the duration of their time as a student at Lakeview Public Schools.

Controlled Substances (Continued):

- Should a student-athlete be in violation of the above, while not participating in a sports season, their penalty will be enforced with the next sport they choose to participate in.
 - Penalties are cumulative throughout a student-athlete's career at Lakeview
 - Penalties not completed during the regular season will carry over into any state tournament games, until the suspension has been completed
 - Should a student's penalty not be fulfilled in his/her current season, the remainder of the penalty will be carried over into the next sport season.
3. **Absence from a Team Activity:** If a student/athlete misses a team activity and is excused by the coach, he/she may return to the team without penalty. Such student/athletes may be held out of competition until their playing skill returns to their pre-absence level. If a student/athlete misses a team activity, without being excused by the coach, he/she may be benched for not more than the next two competitions. A second offense may result in the student/athlete being benched for not more than the next four competitions. A third offense may result in dismissal of the student/athlete from the team. Please note that family activities take precedent over team activities. However, to the extent possible, such family activities should be arranged so as not to interfere with the team's schedule of activities. Student/athletes who notify a coach in advance that they will be absent from a team activity because they must attend a family activity with their parent, will be considered excused. Parents are advised to inform a coach as early as possible (prior to the start of the season is preferred) that their student/athlete will be missing a team activity due to a family activity. Student/athletes who "go on vacation" during the season, without their parents, will be considered unexcused. ***It will be the coach's responsibility to notify parents before the beginning of the season, the dates and times of practices and competitions. This is to include any dates when school is not in session!***
4. **School Suspensions:** Any student who is suspended from school, either **In-House or Out of School**, will also be suspended from all athletic activity during the day(s) of the school suspension. The suspended athlete may not attend any athletic activity, including practice, either as a participant or spectator, home or away.
5. **Behavior:** Athletes who display insubordinate behavior or behavior that is detrimental to the team may be benched by the head coach. Additionally, the Athletic Director may declare a student/athlete ineligible or suspended for a period of time determined by the Athletic Director for behavior that is deemed by him/her to be inappropriate. Examples of these behaviors include:
- fighting,
 - intentionally causing injury to a competitor or team member,
 - outbursts of vulgarity,

- inappropriate behavior directed at officials, coaches, teammates, competitors, or spectators.
 - any other conduct unbecoming a Lakeview student/athlete.
6. **Student/Athletes as Representatives:** Student/athletes will represent themselves, their team, their school and their community in an appropriate manner at all times whether in season or out of season. By example they will:
- Abide by the laws of the community, follow the rules of the school and display good manners as are accepted by the community.
 - Show respect for their parents, teachers, peers, teammates, opponents, and all others, especially themselves.
 - Practice good sportsmanship and encourage the same from others.
 - Act in such a way as to cause others to think well of them and their school.

Inappropriate representation may result in discipline by the Athletic Director. Such discipline shall consist of any action up to and including permanent suspension from the Lakeview athletic program.

***Academic Eligibility**

The Lakeview High School Athletic Department contends that being a student/athlete is an earned privilege, and all participants must meet and exceed the standards set by the Michigan High School Athletic Association for eligibility.

Lakeview High School athletic teams will still follow the standards set by the Michigan High School Athletic Association for academic eligibility. With the current four-block schedule, the Michigan High School Athletic Association policy will not allow an athlete to participate if he/she fails two blocks prior to the semester in which the sport begins. These grade checks will occur at the beginning of the Fall, Winter and Spring seasons.

In addition to this state policy, it will be the expectation of the Lakeview High School Athletic Department, that if a student/athlete fails one class, in his/her **previous semester** in the season in which he/she is going to participate, he/she must demonstrate that he/she is maintaining passing grades in all of his/her classes. The following are the requirements for which student/athletes must abide to maintain eligibility.

First Semester Sports

The athletic department will identify any student/athlete from the team's rosters who has received one failing semester grade {E} or NC for Directed Study from the previous semester.

The identified student/athlete, who has failed one semester class or received NC for Directed Study from the previous school year, must earn the privilege to engage in competition by **successfully completing a weekly progress report for the entire first semester**. {Receiving a grade no lower than a C- or meeting personal curriculum requirements in all four blocks and credit in Directed Study} This will include all student-athletes who participate in either fall and/or first semester winter sports.

Once the school year begins, the student/athlete must demonstrate that he/she has earned the right to participate by passing all block classes with a grade no lower than a C- or meeting personal curriculum requirements and receiving credit in Directed Study on a weekly basis. The student/athletes' head coach will give the student/athlete who fall into this category a special athletic progress report. It will be the student/athlete's weekly responsibility to have the progress report completed by his/her current teachers and returned to the athletic director to remain eligible for that week. **Failure to return the progress report will result in loss of participation for the following week.** This process will continue weekly until the end of the season of the first semester.

If a student/athlete should receive an **unsatisfactory progress report** {any grade lower than a C- or meeting personal curriculum requirements and no credit in Directed Study}, he/she will be **ineligible** for all competitions the following week. **The student/athlete may attend competitions but not dress** until the next satisfactory progress report is completed. {Not having a grade lower than a C- or meeting personal curriculum requirements in any of their four blocks and receiving CR in Directed Study}. **However, the student/athlete will be allowed to practice.**

Parents will be mailed this information at the beginning of the semester to notify them of the policy and the standards set to maintain athletic eligibility.

When first semester grades are determined in January, any student/athlete who has successfully passed all of his/her classes and has received credit in Directed Study will no longer be required to comply with the progress report process the remaining portion of the school year.

Second Semester Sports

The athletic department will identify any student/athlete from the team's rosters who has received one failing semester grade or NC for Directed Study from the first semester.

The identified second semester student/athlete {remaining winter and spring sports} must comply with the same guidelines from the first semester.

A student /athlete who failed one class in the second semester can attend summer school to make up the failed class. If he/she successfully passes the failed class, this would eliminate the progress report process for the student/athlete.

Behavioral Eligibility Student/Athletes are expected to follow school rules, demonstrate respect for authority and, in general, be good citizens while in school. Failure to meet any of these expectations may cause an Assistant Principal to declare a student/athlete ineligible or suspended for a period of time to be determined by the Assistant Principal. Assistant Principals will use this authority only after other forms of behavior modification have been attempted. The Assistant Principal's decisions may be appealed to the Principal.

***Insurance for Athletes**

Lakeview Public Schools does not provide medical insurance for student/athletes participating in a sport. If a student/athlete is not insured, he/she should purchase a minimum level of insurance from a private company. Applications for purchasing private insurance are available in the athletic office.

***Out-of-Season Athletics**

The following is a statement by the Macomb Athletic Conference concerning out-of-season athletic activities. As a member of the MAC, Lakeview High School also endorses this statement:

“Like the Michigan High School Athletic Association (MHSAA), the Macomb Area Conference (MAC) supports a student/athlete’s right to improve athletic skills by participating in whatever individual activities he/she chooses outside of the defined season for a sport. Just as we encourage individual improvements, conference administrators support, to a point, a limited number of out-of-season team activities as allowed by the MHSAA. We recognize, however, that some out-of-season athletes are operating under implied demands, especially during the summer months. The MAC administrators’ position on out-of-season activities is summarized in the following two statements:

1. Athletes have a right to choose or decline participation in out-of-season activities.
2. The athlete’s choice carries no consequences for making a team.

As stated, you do have a choice regarding out-of-season participation. Student/athletes should be able to participate in family time, vacations, work, and other important activities during the off season. Particularly during the summer, it is best to get an athletic activity schedule, list the dates when you are available, and communicate those dates to your coaches. Communicating with as much advance notice as possible is paramount since this information can spare awkward situations caused when a coach is unaware of a planned absence.

We recognize that some student/athletes and families enjoy all of the summer athletic activities. We also know that some athletes are being pulled in many directions and are not available for everything. Each school should examine the out-of-season issue and devise strategies that allow for the two important provisions highlighted above. All schools endorse this policy of choice with no strings attached. If you have concerns regarding pressures on your child, please contact your school administration.

***Permission to Participate**

A student must obtain permission to participate in any sport, club, or event that requires physical activity prior to actually participating in that activity. Permission must be obtained before the student/athlete participates in any contest, practice, tryout, camp, or other experience that is directly or indirectly related to an activity. To obtain permission the student/athlete must:

1. Have on file a current physical examination/permission to participate form. The official Lakeview Public School form is the only form that will be accepted.
2. Be eligible under the rules of the MHSAA.
3. Be eligible under the rules of Lakeview High School.

A student will be issued a "Permission to Participate" card by the Athletic Director once he/she has met these requirements.

A student/athlete who participates in any activity related to a sport covered by this policy without first obtaining permission to participate will be suspended from participation in the sport to which the activity relates.

A student/athlete whose participation in a sport is restricted by a doctor due to injury or other happenstance must have a written statement from a doctor lifting all restriction before he/she can return to normal participation.

***Playing Time**

Lakeview Public Schools District Guidelines, as approved by the Board Of Education, specify the following playing time expectations:

Freshman Teams:

Play in each game, assuming all practice and team obligations are met. The amount of time is not necessarily equal and is determined by the coach.

JV Teams:

Play at some time during the course of the season (not necessarily each game), assuming all practice and team obligations are met.

Varsity Teams:

Playing time is determined by the coach without restriction.

***Senior Night**

Recognition of seniors at the last regular season home event or event designated by the head coach is the way to honor our senior athletes for their dedication to the athletic department throughout their career. Each senior will receive a thank you gift from the athletic department. The head coach for each program determines the date, time, and format for their team's senior night.

***Coaches responsibility dealing with discipline**

It is the responsibility of the coach to contact parents/guardians in a timely fashion if disciplinary action is taken against a player. If an offense is serious enough, it may be necessary to have a player/parent/coach meeting. Any violations of the athletic handbook will be documented and reported to the Athletic Director in writing. If parents have a question about their son's/daughter's athletic participation, they should contact the head coach first to set up a meeting to discuss their concerns. Topics that will not be discussed will be playing time, team strategy or other players. Confrontations with coaches or players **during a game** are unacceptable. If a parents concern pertains to a situation in a contest, they must wait until the next day to contact the coach and set up a meeting.

***School Letters**

School letters are given to participants in the various activities at Lakeview. Letters are normally presented at an awards ceremony that follows the season. The criteria for receiving a letter is determined by the program's head coach and approved by the Athletic Director. The criteria is to be shared with the student/athletes prior to the start of the season. Only one letter is awarded to the

student/athlete during his/her high school career. Pins are awarded when the criteria for winning a letter is achieved in another activity or in subsequent years.

***Awards**

Five awards are provided by the school to each team to be awarded by the coach for significant achievement. The specific awards and the recipients are determined by the coach. Typical awards are most improved, scholar athlete, most valuable player, etc. Awards are presented at an awards ceremony that follows the season.

***Travel**

Student/athletes are expected to use the transportation provided by Lakeview Public Schools for all away activities and some specific home activities.

Student/athletes are expected to ride the team bus both to and from each contest. Under unusual circumstances, a **parent** may submit a written request to transport his/her child to or from an activity. This written request must be approved by the Athletic Director **prior** to the team's departure to the activity. Student/athletes who have been transported to an athletic contest by Lakeview Public Schools will not be allowed to leave that contest with anyone other than their parent and then only if **prior** permission has been obtained.

Some sports require travel to off campus sites for practice. These sports include cross country, football, hockey, golf, bowling, tennis, baseball, softball, boys & girls soccer. A parental waiver must be completed and signed by a parent before the start of the season.

***Web-Site Information**

The district web site is a very important source of information for parents. If you search under the high school page for sports, you will be able to use **High School Sports. Net** to get directions to almost all of our games. Phone numbers, E-Mail addresses, schedule times, and other pertinent information are available at this site.

***Overnight Travel to Tournaments**

Overnight travel may occur under certain conditions. The decision to stay overnight will be made by the Athletic Director acting on the recommendation of the coach. Even if the guidelines allow for an overnight stay, a decision to return home rather than stay overnight can be made. The following are some of the factors to be considered when making this decision:

1. How performance will be effected by a bus ride versus an overnight stay in an "away from home" setting.
2. The potential and desire for providing adequate supervision during an overnight stay.
3. The cost to the district compared to the impact on performance.

***Single Day of Competition**

When a competition is completed in one day, one way travel of up to three hours or 180 miles is permitted. An overnight stay should occur only if the one way trip is greater than three hours and 180 miles.

***Multiple Days of Competition**

When competition takes place over more than one day, one way travel of two hours or 120 miles is permitted each day. An overnight stay should occur only if the one way trip is greater than two hours and 120 miles. In multiple day competitions where the team must qualify to compete the next day, the coach should make arrangements to return home on the day elimination occurs.

The per diem cost of meals will be consistent with current MHSAA policy and will be paid only for competing student/athletes and their coaches.

Competing in a tournament is an opportunity for a team or an individual to represent themselves, their school, and their community. An overnight stay is not an inherent part of the tournament. Overnight stays result out of necessity when the duration of a trip warrants it.

Shown below are distances and travel times for several tournament sites throughout Michigan. The information was obtained from the Map Quest website.

Site	Mile	Drive Time	One Day Event	Multi Day Event
Pontiac	31	0h – 35m	No Overnight	No Overnight
Ypsilanti	48	0h – 49m	No Overnight	No Overnight
Lansing	94	1h – 31m	No Overnight	No Overnight
Saginaw	102	1h – 42m	No Overnight	No Overnight
Battle Creek	134	2h – 8m	No Overnight	Overnight Permitted
Traverse City	256	4h – 11m	Overnight Permitted	Overnight Permitted
Marquette	456	7h – 57m	Overnight Permitted	Overnight Permitted

***Parent Volunteerism**

There are several opportunities for parents to involve themselves with their student/athlete's team and with the athletic programs in general. They include:

1. Active participation in the Athletic Booster Club. Come to the meetings which are held the first Wednesday of each month. Volunteer to work the concession stand during home games.
2. Get involved with your team. Many teams now have team dinners prior to games. The dinners are provided by parent volunteers who are more than happy to accept your assistance.
3. Volunteer to be a team statistician, a videographer, or other team helper. This is an opportunity to get involved with the team and to contribute in a meaningful way.
4. Become a timekeeper, scorekeeper, or public address announcer. Volunteer by contacting your team's coach.
5. Work one of the events at a home track meet. A typical meet requires about a dozen volunteers to work as timers or event judges.

All of our sports have volunteer roles for parents. Get involved. Share the athletic experience with other parents and the players. Have more fun than just sitting and watching. Most jobs are not complicated. What needs to be known can be learned quickly. The most important thing is for you to be willing. During the parent meeting at the start of the season is a good time to let the coach know you are available.

***Fund Raisers**

Teams will sometimes hold district approved fundraisers. Funds are generally used to purchase apparel for team members, special equipment for the team, or to defray the cost of travel. Money from fundraisers is deposited in team accounts that the district maintains for such purposes. Checks for fundraisers should be made out to "Lakeview High School" so that they may be deposited into the school accounts. Apparel and equipment is then purchased using a school purchase order.

***The NCAA Clearinghouse**

Any student/athlete wishing to compete in collegiate athletics after graduation at a division I or II School must register with the NCAA Clearinghouse. This should ideally be done in the student/athlete's junior year. Beginning with the freshman year, all student/athletes should be aware of the NCAA core curriculum. The core curriculum, additional information regarding the clearinghouse, and related forms can be obtained from the Lakeview Counseling Department.

ATHLETIC CODE OF CONDUCT AGREEMENT

I am giving my son/daughter permission to participate in Lakeview High School's Athletic Program. I have received and read the Athletic Handbook. I have also reviewed it with my student athlete and we understand the rules and regulations set forth by the Lakeview Public School's Athletic Department.

We understand that a current physical (dated after April 15 of the current year) must be on file in the athletic department before participation in a practice or event can occur.

I also understand that any equipment issued to my son/daughter is to be returned at the completion of the season. I agree that all equipment issued will be returned in the same or similar condition, normal wear and tear excluded, or I will be responsible for replacing missing or damaged equipment. I also understand that failure to return all equipment or replacement of damaged equipment may lead to a hold placed on my student-athlete's senior checkout.

I also acknowledge the inherent risk of injury while competing in athletic competition and understand the possibility that serious injury may result in athletic activities, from exposure to moving and stationary objects, various playing surfaces, transportation and other items that can lead to injury, dismemberment or even death.

****This communication is written so you and your student-athlete fully understand the potential dangers involved with the participation in interscholastic athletics****

I have read the athletic handbook and have understanding of what is expected of my student-athlete. I have also sought clarification of any and all items I do not fully understand, so there is no misunderstanding.

PARENT/GUARDIAN SIGNATURE

DATE

STUDENT-ATHLETE SIGNATURE

DATE